

# **Download Anatomy Trains For Manual Therapists**

The new edition of this hugely successful book continues to present a unique understanding of the role of fascia in healthy movement and postural distortion which is of vital importance to bodyworkers and movement therapists worldwide. Anatomy Trains' summer course program features all-star teachers from the worlds of movement and manual therapy. Come for the education, stay for the vacation! About Anatomy Trains. The Anatomy Trains lays out fascial and myofascial 'anatomy of connection' throughout the body, giving you the ability to map the pattern and shape the change – no matter what your manual therapy or movement modality. Christine has completed her Craniosacral Level 1 and 2 certification, Somatoemotional release 1, a basic certification in manual lymph drainage (MLD), and attended the popular 'Anatomy Trains' course.