

Download Aromatherapy Recipes Using Pure Essential Oils Volume 1

Julia . January 05, 2019. Essential oils are not regulated to the point that the labels are required to show detailed ingredients. If it's inexpensive, it could mean it has mineral oil or such to increase volume or artificial aromatics added to give a false impression of the contents. With it being so easy nowadays for anyone and everyone to self publish, there's a lot of misleading essential oil books out on the market. Look to AromaWeb's books area for categorized reviews and descriptions for over 70 reputable essential oil and aromatherapy books. The similarity to humans made horses and dogs ideal test subjects for essential oil research in the early 1900's. There are more case histories and research done on horses and dogs than any other animal. Essential oils have been used for thousands of years in various cultures for medicinal and health purposes. Because of their antidepressant, stimulating, detoxifying, antibacterial, antiviral and calming properties, they are recently gaining popularity as a natural, safe and cost-effective therapy for a number of health concerns.