

Download Effectiveness Of Mental Health Promotion Interventions: A Review

Stigma and discrimination in relation to mental illnesses have been described as having worse consequences than the conditions themselves. Most medical literature in this area of research has been descriptive and has focused on attitudes towards people with mental illness rather than on interventions to reduce stigma. Policy Mental health is an essential component of overall health and well-being.¹ The very significant body of evidence that has been developed about prevention of mental and substance use conditions should guide policy makers to invest in proven prevention and wellness interventions. Mental Health America (MHA) needs to reach out to other ...Preface Promoting Mental Health: Concepts, Emerging Evidence, Practice aims to bring to life the mental health dimension of health promotion. The promotion of mental health is situated within the lar- Promoting Mental Health CONCEPTS EMERGING EVIDENCE PRACTICE A Report of the World Health Organization, Department of Mental Health and Substance Abuse