

# Download Emotional Intelligence At Work: A Professional Guide

For a scholar, trainer, management expert and a layman Emotional Intelligence at work has all the ingredients which will work . As a professional guide the material provided in this volume is an excellent package of theory, skills, strategies and insights for self-development programme, management and administrative workshops and above all to encourage competence enhancement through harvesting of emotions. Dr.Dalip Singh has raised greater expectations by authoring a stimulating book.Buy Emotional Intelligence at Work: A Professional Guide 1 by Dalip Singh (ISBN: 9780761994572) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.books.google.com - Emotional Intelligence or Emotional Quotient (EQ) is increasingly being recognized as a key determinant to professional success in today's high-stress environment. This third, thoroughly revised edition of an highly acclaimed book is an essential guide to recognize, understand and manage emotions.This thoroughly revised Third Edition of a highly acclaimed book is an essential guide to recognize, understand, and manage emotions. The author describes emotional intelligence as consisting of three psychological dimensions-emotional sensitivity, emotional maturity, and emotional competency-which motivate individuals to maximize ...