

Download Immune System Study Guide

The immune system is a host defense system comprising many biological structures and processes within an organism that protects against disease. To function properly, an immune system must detect a wide variety of agents, known as pathogens, from viruses to parasitic worms, and distinguish them from the organism's own healthy tissue. Immune System supplement, vitamin, herb, natural ways to improve - Diet, foods and nutrients Alternative ways to improve the immune system March 6 2017 by Ray Sahelian, M.D. Immune System Diseases. Before learning exactly how to boost your immune system, first understand that most immune disorders result from either an excessive immune response or an autoimmune attack. Instructions are put into it to help the immune system to better identify cancer cells. One issue with fighting cancer is the ability of cancer cells to hide from the immune system.