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The Basics. The ISSA personal trainer certification is a flexible and home-based program. It's more of a "general" program than a specialized certification, so it's great for working with a wide range of clients. SABC News brings you the latest news from around South Africa and the world, together with multimedia from the SABC's four TV and 18 radio stations. Sabc answers. Sabc answers Have the qualifications and confidence to answer any nutrition question: You'll gain a deep understanding of the science behind nutrition. A Master's level course — without having to go back to school. ISSA – Senior ACADEMIC PROGRAMME. The curriculum which we follow leads to examinations set by the world-renowned University of Cambridge authority based in the United Kingdom, Cambridge Assessment International Education.